

Baby's Nursing Log

Use one chart for each 24-hour period. (Circle) the time of the feeding or diaper change, using the • to mark the half-hour. Note which breast the baby took on the same line with the feeding length. If you are giving supplemental feedings, note whether expressed breast milk or formula is given. Use the notes field to record additional useful information (i.e. baby's weight).

Date / Baby's Age in days:		Totals
Breastfeeding	12am•1•2•3•4•5•6•7•8•9•10•11•12pm•1•2•3•4•5•6•7•8•9•10•11•	
Length of nursing (min.) / Which breast (R, L or B)		
Supplemental feeding	12am•1•2•3•4•5•6•7•8•9•10•11•12pm•1•2•3•4•5•6•7•8•9•10•11•	
Amount (ounces) / type		
Wet diapers	12am•1•2•3•4•5•6•7•8•9•10•11•12pm•1•2•3•4•5•6•7•8•9•10•11•	
Soiled diapers	12am•1•2•3•4•5•6•7•8•9•10•11•12pm•1•2•3•4•5•6•7•8•9•10•11•	

Notes:

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Notes: