



Chlorhexidine (Hibiclens) Vaginal Flush Protocol for GBS-positive Women

Do vaginal flushes according to the following instructions beginning at the onset of labor or at rupture of membranes, whichever comes first, repeated every six hours, and done shortly before birth if possible.

Method:

- Prepare a 0.2% chlorhexidine solution by combining:
7 cc (1-1/2 teaspoons) Hibiclens (4% chlorhexidine solution) with
133 cc (1/2 cup plus 2 teaspoons) warm water
- Reclining either in bed (with lots of towels under you) or in the bath tub, slowly instill the solution into the vagina under gentle pressure using a peribottle (included in your birth kit)
- Use the entire amount for each flush
- Mix a fresh batch for every application